













DECEMBER | 2020

Updated
11.20.2020

Breakfast and Lunch Menus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menu Subject to Change.	Milk Choices - White - Chocolate <i>*Offered daily at both meals*</i>	1 BREAKFAST Yogurt and Goldfish Grahams LUNCH Turkey and Cheese Sub	2 BREAKFAST Strawberry Chex and Cheese LUNCH Walking Chicken Taco with Corn Chips	3 BREAKFAST Cinnamon Toast Crunch Breakfast Bar LUNCH Pizza Lunchable	4 BREAKFAST Cereal Bar and Cheese LUNCH Popcorn Chicken Pasta Salad	5 BREAKFAST French Toast Sticks LUNCH Cheese Pizza
6 BREAKFAST Oatmeal and Goldfish Grahams LUNCH Pizza Puff	7 BREAKFAST Super Bakery Bread Slice LUNCH Cheeseburger with Potato Smiles	8 BREAKFAST Cereal and Cheese LUNCH Cheesy Croissant	9 BREAKFAST Muffin and Cheese LUNCH Meatball Sub with Potato Wedges	10 BREAKFAST Yogurt and Graham Grips LUNCH Mini-Chicken Corndogs	11 BREAKFAST Cereal and Cheese LUNCH Chicken Tender Taco on Flour Tortillas	12 BREAKFAST Mini Donuts LUNCH Grilled Cheese
13 BREAKFAST Pop tarts LUNCH Hot Pocket	14 BREAKFAST Mini-Bagels with Cream Cheese LUNCH Taco Pizza Triangles with Hashbrown Rounds	15 BREAKFAST Cereal Bar and Cheese LUNCH Seasoned Beef Steak Sub	16 BREAKFAST Yogurt and Teddy Grahams LUNCH Chicken Nuggets with Roll & Dessert Treat Emoji Potatoes	17 BREAKFAST Muffin and Bug Bites LUNCH Lasagna Roll-Up with Roll	18 BREAKFAST Cereal and Cheese LUNCH Turkey and Cheese Wrap	19 BREAKFAST Fruit Frudel LUNCH Cheese Pizza
20 BREAKFAST French Toast Sticks LUNCH Cheese Pizza	Cereal bowl & Cereal bar choices may vary by location Fruits and vegetables served daily	22 	23 	24 	25 	26 
Menu Questions? Call Christine Cliff, U-46 District Dietitian, at (847) 888-5000 x5034	Visit the U-46 Food & Nutrition webpage at https://www.u-46.org/Domain/6445 .	29 	30 	31 	1 2021! 	2 

Winter Recess